

## Makati Aikido Club class schedule

*(This table is kept scrupulously updated.)*

**How to register:** We are very non-bureaucratic; we strive to keep things simple. To register, simply show up 15 minutes before any scheduled class and introduce yourself to the instructor or to anyone who appears to know his way around. They'll take care of you from that point. That is all.

	<b><i>Makati Sports Club dojo</i></b> L.P. Leviste cor. Gallardo, Salcedo Village, Makati	<b><i>Instructor</i></b>
Monday	18:30 – 20:00 (adults – ages 14 & up)	Dam Amaranto (5th dan Aikikai)
Tuesday	06:30 – 08:00 (adults – ages 14 & up)  18:30 – 20:00 (adults – ages 14 & up)	Ton Alcantara (2 <sup>nd</sup> dan Aikikai)  Billy de Leon (5 <sup>th</sup> dan Aikikai)
Wednesday		
Thursday	06:30 – 08:00 (adults – ages 14 & up)  18:30 – 20:00 (adults – ages 14 & up)	Ton Alcantara (2 <sup>nd</sup> dan Aikikai)  RSReyes (6th dan Aikikai)
Friday	18:30 – 20:00 Weapons class (adults – ages 14 & up)	RSReyes (6th dan Aikikai)
Saturday	17:30 – 18:30 (youngsters – ages 7 - 13);  18:30 – 20:00 (adults – ages 14 & up)	Dam Amaranto (5th dan Aikikai)  Dam Amaranto (5th dan Aikikai)
Sunday		

The above training schedule table is kept scrupulously updated. However, it goes without saying that no training is held on Christmas Eve; Christmas day; New Year's Day; Maundy Thursday through Easter Sunday; and All Saints' Day. On other holidays, training continues unless specifically cancelled. The MAC also observes a 30-plus-years tradition of training every New Year's Eve, from 1400 - 1600 hrs.

## **ALTERNATIVE TRAINING VENUES AND SCHEDULES**

### **A) Kiryukan Dojo**

(Call for details.)

### **B) Tada Juku Manila/ACP**

Club 650, E. Rodriguez Avenue (C5)

Libis, Q.C.

Adults:

Tuesdays and Thursdays: 06:30-08:00 hrs (early morning class)

Fridays: 1830-20:00 hrs

Kids:

Tuesdays and Thursdays: 17:30-18:30 hrs

Saturdays: 15:00 - 16:00 hrs

### **C) Jitsuyo Bugei Aikido Club**

University of Asia and the Pacific

Ortigas Centre, Pasig City

(To be announced)

### **D) Ateneo Aikido Club**

2/f Blue Eagle Gym (east wing)

Ateneo de Manila University

Katipunan Avenue, Q.C.

Tuesdays and Thursdays, 1800 - 1930 hrs

Inquiries: 0915-333-0055